Transcultural Counselling

Course Outline

Course Description

The International Association for Counselling is uniquely positioned to offer training and insights to support effective counselling for individuals across cultures and contexts. In this foundational, self-directed, e-learning course, international counselling thought leaders introduce relevant theories and frameworks for transcultural counselling. Examples of effective counselling strategies and interventions from diverse regions in the world will support counsellors to customize their approach whether working internationally or serving diverse clients locally.

Course Format

20 hours, self-paced

Course Prerequisites

Students should have some experience as a counselling professional.

Course Objectives

Upon successful completion of this course, students will be able to:

- Communicate key components of a transcultural counselling approach and relevant theoretical frameworks/models
- Reflect on their personal definitions of counselling and culture
- Apply learning from regional-specific profiles to their own practice
- Set specific action items to guide practice going forward

Required Texts / Supplies

All materials will be provided via the course site.

Course Completion Requirements

A certificate of completion will be sent to students who successfully complete all required learning activities; this includes submitting the *Course Learning Reflections* assessment within 2 months of registering for the course. Students who plan to use this course for hours/credit towards their continuing professional education requirements with their professional associations or certification boards must successfully complete the requirements (i.e., must earn the certificate of completion). Others are welcome to audit (informally attend) the course without submitting the final reflective activity for assessment; however, they will not receive a certificate of course completion.

Online Instruction Overview

This online course will be conducted using the "Moodle" course management system. Registered students will receive log-in instructions by email. Although this course will provide comprehensive content and students can progress through at their own pace and timeline, active participation in the course activities will enrich the learning significantly.

Operational Requirements

As this course is offered entirely online, students must have reliable Internet access and be comfortable using Internet technology. Although there are no scheduled classes, students will be expected to spend a similar amount of time on this course as they would in a classroom-based environment.

Documents will be posted in Word, PowerPoint, and PDF —students must be able to download these documents and also upload similar documents. Presentations will be pre-recorded and videos embedded within the course site.